

The "White and Healthy" End to End Walk

Promoted by the Isle of Man Veteran Athletes' club

TEAM ENTRIES

For 2009, for the first time, competitors may be part of a team.

Teams will be split into four categories:

- Men
- Ladies
- Mixed
- U21

Anyone wishing to be part of a team must have either:

- submitted an **Individual Entry Form** including payment **or**
- included their **Individual Entry Form** and payment **with** this team entry.

In either event, the entrant should put their **team name** on their Individual Entry Form in the space provided

A team can contain any number of competitors, however only the 4 fastest team members completing the farthest distance will be used in the final calculations.

As all U21 teams finish at Peel, the 4 fastest competitors to reach Peel for each U21 team will be used in the final calculations.

To ensure that any team could win their category:

- A men's team will be limited to having **one** team member who has completed the entire End to End race in less than **8 hours**
- A ladies team will be limited to having **one** team member who has completed the entire End to End race in less than **9 hours**
- A mixed team will be limited to **one male** entrant who has completed the entire End to End race in less than **8 hours** **OR** **one female** entrant who has completed the entire End to End race in less than **9 hours**
- An U21 team can contain men and/or women who will be under 21 years of age on the day of the race. There is no handicap for an U21 team and all U21 teams finish at Peel.

A competitor may only be entered in one team.

(Complete on screen and print off)

Team name:

Team category	Number of team members
Team member 1	DOB
Team member 2	DOB
Team member 3	DOB
Team member 4	DOB
Team member 5	DOB
Team member 6	DOB
Team member 7	DOB
Team member 8	DOB

DOB is to ensure competitors with the same name are entered into the correct team.